

## Wound Care Instructions

1. Keep the wound dry for the first 24 - 48 hours **or** until scheduled bandage change.
2. Tylenol may be taken for discomfort.
3. Wound may be gently washed with antibacterial soap & water 24 – 48 hours after biopsy or surgery.
4. Apply Polysporin / Bacitracin / Aquaphor / Vaseline / Mupirocin / Silvadene twice daily to wound.
5. Cover the wound with a bandage until wound has healed or stitches are removed. Change bandage daily.

### Surgical Wounds

6. To reduce swelling and bruising, ice needs to be applied for \_\_\_\_\_ minutes \_\_\_\_\_ times a day for \_\_\_\_\_ days. *It is normal for swelling to develop at or around the surgical site within 48 - 72hours*
7. Mild bleeding of the wound may occur the first 24 hours. Pressure may be applied for 15 minutes to stop any *mild* bleeding.
8. Do not remove butterfly bandages directly over the stitches. These are providing additional support to the stitches and will fall off in approximately 3 days.
9. **Please notify our office if excessive heat, pain or bleeding develops at or around surgical site.**

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