

arizona dermatology

Neil P. Superfon, D.O.
William T. Ko, M.D.
John A. Ebner, D.O.
Edward Galiczynski, D.O.
Glenn L. Zellman, M.D.
Mike Higbee, PA-C

Karla Horton, PA-C
Marlene Wright, FNP-C
Debra Bergstrom, FNP-C
Tirsa Quartullo, DNP FNP-C
Holly Nichols, NP-C
Megan Yanno, PA-C

Wound Care Instructions

1. Keep the wound dry for the first 24 – 48 hours.
2. Wound may be gently washed with Dial antibacterial liquid soap & water 24 – 48 hours after biopsy.
3. Apply **Polysporin / Bacitracin / Aquaphor / Vaseline/** _____ twice daily to wound.
4. Cover the wound with a bandage until wound has healed or stitches are removed. Change bandage daily.
5. Mild bleeding of the wound may occur the first 24 hours. Pressure may be applied for 15 minutes to stop any *mild* bleeding.
6. Swelling, redness and discomfort can develop around the wound for the first 2-4 days. Ice can be applied 15 minutes per hour to reduce swelling. Tylenol can be taken for discomfort.
7. **Please notify our office if *excessive* heat, pain or bleeding develops at or around surgical site.**

(602)277-1449 Phoenix
(480)844-0510 Gilbert
(602)996-3050 Scottsdale

(480)671-4086 Apache Junction
(928)537-2550 Show Low
(520)723-9149 Coolidge
(928)927-4060 Quartzsite